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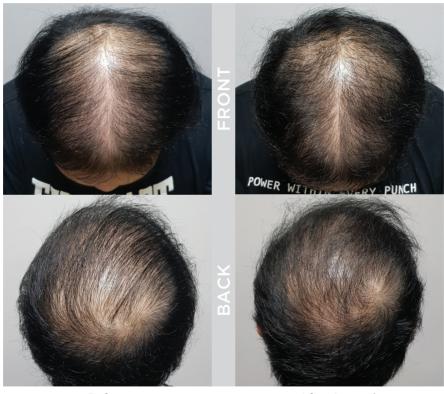
## **CLINICAL PHOTOGRAPHS**

(Asian Hair, Men & Women)



(Hair Growth+ inCLINIC as monotherapy)

#### 30 years old male

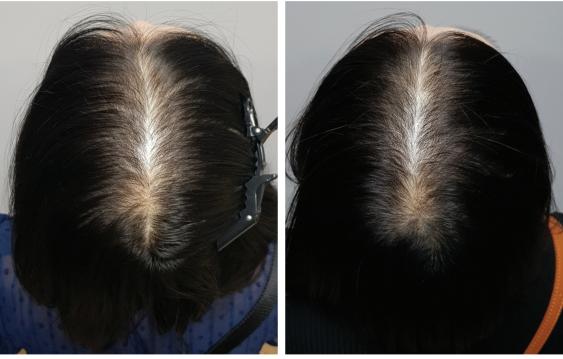


Before After 1 month

Credits to Terra Medical Clinic, Singapore

(Hair Growth+ inCLINIC as monotherapy)

#### 41 years old female



Before After 2 months

(Hair Growth+ inCLINIC as monotherapy)

#### 38 years old female



Before After 3 months

(Hair Growth+ inCLINIC as monotherapy)

#### 37 years old male



Before After 5 months

Credits to Terra Medical Clinic, Singapore

(Hair Growth+ inCLINIC as monotherapy)

#### 27 years old male





Before After 5 months

(Hair Growth+ inCLINIC as monotherapy)

#### 47 years old Female





Before After 6 months

#### **COMMON TYPES OF HAIR LOSS**



#### Male Pattern Hair Loss

Men with this condition, called male pattern baldness, can begin suffering hair loss as early as their teens or early 20s. It's characterized by a receding hairline and gradual disappearance of hair from the crown and frontal scalp.



#### **Female Pattern Hair Loss**

Women also suffer from pattern hair loss, but the signs are different from that of men. They usually don't experience noticeable thinning until their 40s or later. Women also experience a general thinning over the entire scalp, with the most extensive hair loss at the crown.



#### Alopecia Areata

This often starts suddenly and causes patchy hair loss in children and young adults. This condition may result in complete baldness (alopecia totalis). But in about 90% of people with the condition, the hair returns within a few years.



#### Telogen Effluvium

Telogen effluvium is temporary hair thinning over the scalp that occurs because of changes in the growth cycle of hair. A large number of hairs enter the resting phase at the same time, causing hair shedding and subsequent thinning.

# **COMMON CAUSES OF HAIR LOSS**

Various underlying factors individually or in combination contribute to the pathogenesis of hair loss, including:



**STRESS** 



**HORMONES** 



DIET



**HEALTH** 



**DIABETES** 



**CERTAIN MEDICATIONS** 



PREGNANCY AND CHILDBIRTH



HAIRSTYLING



**SMOKING** 



**GENETICS** 

### **CURRENT OPTIONS & LIMITATIONS**

At present, available options to treat hair loss in men and women have undesirable tolerability due to disturbing side effects and poor clinical outcomes.

To date, there is no single treatment that can account for the significant differences in male and female hair loss.

#### **Male Treatment Options**

#### Finasteride:

- Long-term use has led to sexual adverse effects: erectile and ejaculatory dysfunction, as well as diminished libido occur in up to 40% of users.
- There is a likely association between finasteride use and depression and anxiety-related behaviours.

#### **Female Treatment Options**

# Vitamins & minerals supplements (biotin, zinc, niacin, Vitamin B):

- Although nutritional deficiency is associated with hair loss, vitamin deficiency is extremely rare.
- Only up to 2% of hair loss is due to vitamin deficiency.
- No randomised controlled trials to prove the efficacy of supplementation with biotin in healthy individuals.

#### **Male & Female Treatment Options**

#### Topical minoxidil

- Some patients cannot tolerate this medication due to irritant scalp dermatitis and hypertrichosis at the site of application caused by the solution additives or minoxidil itself.
- Cannot be used in cases with scalp eczema or infection of in the presence of coronary heart disease, arrhythmia or heart failure.

# HAIR GROWTH+ INCLINIC BY NOURKRIN®: A PROTEOGLYCAN REPLACEMENT THERAPY

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Backed by more than 30 years of clinical research and over 100 published clinical papers, Hair Growth+ inCLINIC by Nourkrin® is a clinically proven Proteoglycan Replacement Therapy to aid management of all types of hair loss.

Hair Growth+ inCLINIC by Nourkrin® is formulated with Marilex®-P, which is obtained through a proprietary extraction process from fractionated fish extract. It has high ratios of specific bioactive proteoglycans which replenish critical proteoglycans during the Anagen phase and prevent follicular miniaturisation.

#### **Key Ingredients**

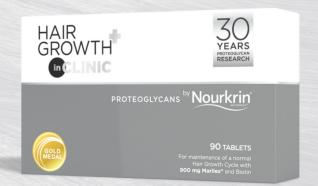
• Functional Proteoglycans (Versican, Decorin, Syndecan): Support and maintain a healthy Hair Growth Cycle

#### Dosage

- TO ACTIVATE HAIR GROWTH: Two tablets in the morning and one in the evening, preferably after food.
- TO MAINTAIN HAIR GROWTH:
   One tablet per day to be taken orally, preferably after food.

#### **Precautions**

Should not be consumed by patients who are allergic to fish.



#### FREQUENTLY ASKED QUESTIONS

#### Is Hair Growth+ inCLINIC by Nourkrin® suitable for everyone?

Nourkrin® inCLINIC is suitable for everyone except those with allergies to fish as Marilex®-P is a marine-derived extract. Hair Growth+ inCLINIC by Nourkrin® does not contain shellfish.

#### Will I experience growth of body or facial hair?

Hair Growth+ inCLINIC by Nourkrin® contains specific proteoglycans that are only involved in the hair follicle cycling of scalp hair. This means that Hair Growth+ inCLINIC by Nourkrin® does not affect the growth of body hair.

#### Are there any side effects from taking Hair Growth+ inCLINIC by Nourkrin®?

Hair Growth+ inCLINIC by Nourkrin® is entirely based on drug-free ingredients which are evaluated as safe by the food and drug authorities globally. There are no known side effects reported.

#### Does Hair Growth+ inCLINIC by Nourkrin® interfere with any medication?

No, there are no known or registered instances of interference as Hair Growth+inCLINIC by Nourkrin® is naturally based. However, if you are on medication, you are recommended to check with your doctor before commencing with any supplement programme.

#### How long does it take before I start to notice a difference in my hair?

Most users start to see a difference after 2-3 months of proper use on the recommended daily intake. Individual results may vary.

#### Can Hair Growth+ inCLINIC by Nourkrin® be taken for long term?

Hair Growth+ inCLINIC by Nourkrin® is safe to take for indefinite period and is ideal for long-term maintenance after the desired results have been achieved.



www.nourkrin.com.sg



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